

Salad Power Bowl with Chickpeas or Chicken

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Serves: 2

Ingredients:

1 - 12oz can Chickpeas or 1/2 Breast Chicken or 2-3 Chicken Tenders
1 - 12oz can Sweet Organic Kernel Corn
1/2 Red Onion, small, sliced thinly
1 Bunch Kale Leaves, small, stems removed, chopped OR Favourite Salad Veggies:
Butter Lettuce, Spinach Leaves, Carrots, Radishes, Avocado, Tomatoes, Cucumbers,
etc.
1 Cup BBQ Sauce
1 Cup Cucumber Ranch Salad Dressing (or Favourite Dressing)
1 Cup Olive Oil
1 TBSP Garlic Powder
1 TBSP Onion Powder Salt
Pepper

Optional Ingredients:

One strip, Bacon, chopped
Liquid Smoke
Vegan Cheddar
Vegan Mozzarella

